



rape trauma services

a center for healing & violence prevention

Services During COVID-19

Crisis Intervention / Crisis Line: 650-692-7273

If you or someone you know has been hurt, directly or indirectly, by sexual violence, please call the RTS confidential crisis line at: 650-692- RAPE (7273). Specially trained sexual assault counselors are available to take your call 24 hours a day, 7 days a week. The crisis line is free and callers may choose to remain anonymous.

Anyone in San Mateo County who seeks medical care related to a sexual assault or reports an assault to law enforcement has the **legal right** to an advocate from Rape Trauma Services. During the COVID-19 pandemic, advocates are available via the Crisis Line to provide emotional support and answer questions.

Counseling Department

The Counseling Department has transitioned to telehealth crisis counseling and therapy. RTS is available to provide therapy to sexual abuse survivors and family members.

- RTS Therapists are taking new counseling requests.
- Therapy is available for survivors of all ages.

School counselors, students, and family members can request therapy by [filling out an online form](#), emailing counseling@rapetraumaservices.org or by calling our 24-hour crisis line 650-692-7273.

In your email please Include:

1. Your name
2. Call back number
3. If it is okay to identify RTS in our message

For more information please contact Amanda, Program Director: Amanda@rapetraumaservices.org

Virtual Rape Prevention Education

The Education Department is offering Ending Cycles of Violence workshops for middle and high school students.

- RTS Educators provide 45 - 60 minute live virtual workshops to meet the CA Comprehensive Sex Ed requirement with discussions focused on establishing healthy relationships, consent, rape culture, understanding trauma, and how to support a sexual assault survivor.
- RTS Educators provide 60 - 90 minute live virtual professional development workshops. Topics include: How to handle disclosures of sexual abuse, understanding the impact of trauma, and awareness building of Commercial Sexual Exploitation of Children (CSEC 101)

For more information and to schedule a virtual workshop, contact Kelson Pamarang, Education Program Coordinator and Trauma Counselor at Kelson@rapetraumaservices.org



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Programa para Latinos

RTS Services in Spanish

- Crisis intervention can be accessed through our crisis line: 650-692-7273.
- Programa para Latinos workshops are available for ELD students and Monolingual parent groups.

For more information and to schedule a workshop, contact:

Servicios en Español

- Asesoramiento es disponible llamando a nuestra línea de crisis al 650-692-7273.
- Talleres de Programa para Latinos son disponibles en español para estudiantes y padres.

Para más información sobre servicios y talleres en español, contacte:

Daniela Marquez, Programa para Latinos Educator and Trauma Counselor / Educadora y Consejera con Programa para Latinos Daniela@rapetraumaservices.org

Volunteer Program

RTS is currently recruiting volunteers to join our online fall sexual assault counselor training.

- Training Dates: Oct. 5 – Nov. 18, 2020
- Training Times: Mon/Wed 6pm – 9pm, Sat 9am – 2pm.

Applications are available on the RTS website: [Becoming a Sexual Assault Counselor](#)

For more information, send a message to volunteer@rapetraumaservices.org.

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