



# rape trauma services

*a center for healing & violence prevention*

## Shelter in Place Services

### Crisis Intervention / Crisis Line: 650-692-7273

If you or someone you know has been hurt, directly or indirectly, by sexual violence, please call the RTS confidential crisis line at: 650-692- RAPE (7273). Specially trained sexual assault counselors are available to take your call 24 hours a day, 7 days a week. The crisis line is free and callers may choose to remain anonymous.

Anyone in San Mateo County who seeks medical care related to a sexual assault or reports an assault to law enforcement has the **legal right** to an advocate from Rape Trauma Services. During Shelter in Place, advocates are available via the Crisis Line to provide emotional support and answer questions.

### Counseling Department

The Counseling Department has transitioned to telehealth crisis counseling and therapy during Shelter in Place. RTS is available to provide therapy to sexual abuse survivors and family members.

- RTS Therapists are taking new counseling requests during Shelter in Place.
- Therapy is available for survivors of all ages.

School counselors, students, and family members can request therapy by emailing [counseling@rapetraumaservices.org](mailto:counseling@rapetraumaservices.org) or by calling our 24-hour crisis line (650) 692-7273. A sexual assault counselor will contact you and help you complete the counseling request form.

In your email please Include:

1. Your name
2. Call back number
3. If it is okay to identify RTS in our message

For more information please contact Reika Faust, Counseling Program Coordinator and Trauma Therapist, [Reika@rapetraumaservices.org](mailto:Reika@rapetraumaservices.org)

### Virtual Rape Prevention Education

The Education Department is offering Ending Cycles of Violence workshops for middle and high school students. Dates are available in May and June.

- RTS Educators will provide 45 - 60 minute live virtual workshops to meet the CA Comprehensive Sex Ed requirement with discussions focused on establishing healthy relationships, consent, rape culture, understanding trauma, and how to support a sexual assault survivor.
- RTS Educators will provide 60 - 90 minute live virtual professional development workshops. Topics include: How to handle disclosures of sexual abuse, understanding the impact of trauma, and awareness building of Commercial Sexual Exploitation of Children (CSEC 101)

For more information and to schedule a virtual workshop, contact Kelson Pamarang, Education Program Coordinator and Trauma Counselor at [Kelson@rapetraumaservices.org](mailto:Kelson@rapetraumaservices.org)



# rape trauma services

*a center for healing & violence prevention*

## Programa para Latinos

### RTS Services in Spanish

- Crisis intervention can be accessed through our crisis line.
- Programa para Latinos workshops are available for ELD students and Monolingual parent groups.

For more information and to schedule a workshop, contact:

### Servicios en Español

- Asesoramiento es disponible llamando a nuestra línea de crisis al 650-692-7273.
- Talleres de Programa para Latinos son disponibles en español para estudiantes y padres.

Para más información sobre servicios y talleres en español, contacte:

Daniela Marquez, Programa para Latinos Educator and Trauma Counselor / Educadora y Consejera con Programa para Latinos [Daniela@rapetraumaservices.org](mailto:Daniela@rapetraumaservices.org)

## Volunteer Program

RTS is currently recruiting volunteers to join our online summer sexual assault counselor training.

- Training Dates: June 30 - August 15, 2020
- Training Times: Tues/Thurs 6pm – 8pm, Sat 9am – 12pm.

Applications are available on the RTS website: [Becoming a Sexual Assault Counselor](#)

For more information and to schedule an interview, contact Rakhia Kennedy, Crisis Intervention Specialist and Trauma Counselor at [Rakhia@rapetraumaservices.org](mailto:Rakhia@rapetraumaservices.org).

## Follow and connect with RTS on social media!



Facebook

[Rape Trauma Services](https://www.facebook.com/RapeTraumaServices)



Instagram

[rape\\_trauma\\_services](https://www.instagram.com/rape_trauma_services)



Twitter

[@RapeTrauma](https://twitter.com/@RapeTrauma)



LinkedIn

[Rape Trauma Services](https://www.linkedin.com/company/RapeTraumaServices)